Gwennap Parish Newsletter

An Blu Lann-Wennap Derivadow

Spring 2015 Issue 30

Serving Gwennap Parish



Apples being pressed at Cusgarne Organic Farm.

The juice is then sold as Cusgarne Valley Orchards Organic Apple Juice, and can be found in several local stores as well as the farm shop. Nothing is added to the juice.

The apples from local orchards are Cornish varieties. Each year, the orchards are "visited" in February by Wassailers who awake the apple trees to scare away evil spirits and ensure a good harvest the following Autumn. It's a noisy affair, with the banging of drums and pots & pans but judging from the end product, it works!

GWENNAP PARISH SUMMER FETE

The annual summer fete this year will be on 27th June, and this year's competition will be a **photographic competition** of subjects which must be within the parish and must be accompanied by the relevant entry form which must clearly state the location of the subject the date it was taken, the name address and telephone number or email address of the photographer. Photographs must be no larger than 8 inches by 5 inches.

FROGPOOL CAR BOOT SALES

Playing Field, Pulla Cross, Frogpool
Sundays - April 5th & 19th,
May 3rd & 17th,
June 7th & 21st, July 5th & 19th,
Aug 2nd & 16th,
Sept 6th & 20th.
Sellers £3.50 * Please NO DOGS
Gates open at 7am
Contact 07808 393874

Photographs may NOT be submitted electronically and must be delivered to the Parish Rooms not later than 11.30 on 27th June.

Entry forms may be obtained from the café area on the morning of the fete, or alternatively by email from londonbelle@londonbelle.co.uk and putting "competition" in the subject line.

The competition will have three age ranges, up to 11 years, 12 - 18 years and over 18 years.

We hope to have our usual variety of stalls and games, together with vintage vehicles and tractors, stationary engines and fun-fair and, of course, our catering truck which

has been present for the last two years.

As usual, we are desperate for helpers especially on the day, so if you have only an hour or two to spare, please come along and lend a hand.

The cornish Arms, Frogrool

TRURO TR4 8RP (01872 863445) www.thecornisharmsfrogpool.com

Traditional village pub offering good food, real ales and good atmosphere.

Dogs welcome on leads. Functions catered for.

Bar

CLOSED

Monday a.m. Monday p.m. 6.00 - 11.00 p.m. Tuesday - Saturday a.m. 12.00 - 2.30 6.00 - 11.00 p.m. Tuesday - Saturday p.m. Sunday - a.m. 12.00 - 2.30 6.00 - 11.00 p.m. Sunday - p.m.

Kitchen

CLOSED CLOSED

12.00 - 2.00 p.m. 6.00 - 9.00 p.m. 12.00 - 2.00 p.m. 6.00 - 8.00 p.m.



What's on at The Cornish Arms?

Quiz nights	Wednesday	25 th March
	Wednesday	29 th April
	Wednesday	27 th May
Coffee Morning	Thursday (for Merlin MS Centre)	2 nd April
Pat Matthews, Elvis Tribute evening	Saturday (Easter Saturday) 8.30 p.m.	4 th April

Musicians evening (come and listen or play!) – 1st Sunday of each month





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The Cornish Arms is supporting the Merlin MS Centre as it 2015 charity.

A Cornish-themed quiz took place on 5th March (St Piran's Day) and guizmaster Mark Kaczmarek helped raise £185 for the multiple sclerosis charity. Many thanks to all who took part and those who donated prizes and auction items.

Next charity event is a Coffee Morning on 2nd April – 10.30 – 11.30am



DIARY for mid-March -- mid-June 2015 March 19th Gwennap Horticultural Society - talk on Hidden Valley Gardens, Par 7.30pm Church Hall 19th Parish Council Meeting, Richard Jory Playing Field 7pm 19th Folk Jamming Session, Fox & Hounds Comford 8'ish 20th Frugal Lent Lunch, Church Hall Gwennap 12 noon - 1.30pm 21st St Day Horticultural Spring Show 26th Quiz Night, Fox & Hounds Comford 8pm Coffee Morning, Frogpool Methodist Church, 10.30 - 11.30 26th Frugal Lent Lunch, Church Hall Gwennap 12 noon - 1.30pm 27th 28th Jumble Sale, Gwennap Church Hall 2pm April Frugal Lent Lunch, Church Hall Gwennap 12 noon - 1.30pm 3rd Car Boot Sale, Playing Field - morning 5th Coffee Stop & Craft Group, Richard Jory Playing Field, Pulla Cross 10am - 11.30am 7th 7th WI meet at Frogpool Sunday School Rooms, 7.30pm Hicks Mill Methodist Church, Coffee Morning, 10.30 - 11.30 8th 14th Coffee Stop & Craft Group, Richard Jory Playing Field, Pulla Cross 10am - 11.30am 16th Gwennap Horticultural Society - talk Hardy Carnivorous Plants 7.30pm Church Hall 16th Parish Council Meeting, Richard Jory Playing Field 7pm Car Boot Sale, Playing Field - morning 19th 21st Coffee Stop & Craft Group, Richard Jory Playing Field, Pulla Cross 10am - 11.30am 23rd Gwennap Horticultural Society - afternoon visit to Tresahor Vean 2.30pm 28th Coffee Stop & Craft Group, Richard Jory Playing Field, Pulla Cross 10am - 11.30am Coffee Morning, Frogpool Methodist Church, 10.30 - 11.30 30th May 3rd Car Boot Sale, Playing Field - morning 4th Gwennap Street Market 10am - 1pm 5th WI meet at Frogpool Sunday School Rooms, 7.30pm Coffee Stop & Craft Group, Richard Jory Playing Field, Pulla Cross 10am - 11.30am 5th 6th Hicks Mill Methodist Church, Coffee Morning, 10.30 - 11.30 7th **GENERAL ELECTION!** 12th Coffee Stop & Craft Group, Richard Jory Playing Field, Pulla Cross 10am - 11.30am Car Boot Sale, Playing Field - morning 17th 19th Coffee Stop & Craft Group, Richard Jory Playing Field, Pulla Cross 10am - 11.30am Gwennap Horticultural Society - full day visit to Ince Castle, Trematon 21st 21st Parish Council Meeting, Richard Jory Playing Field 7pm Coffee Stop & Craft Group, Richard Jory Playing Field, Pulla Cross 10am - 11.30am 26th 28th Coffee Morning, Frogpool Methodist Church, 10.30 - 11.30 June 2nd WI meet at Frogpool Sunday School Rooms, 7.30pm 2nd Coffee Stop & Craft Group, Richard Jory Playing Field, Pulla Cross 10am - 11.30am 3rd Gwennap Church Summer Music Evenings - Goonvrea Singers 7.30pm Hicks Mill Methodist Church, Coffee Morning, 10.30 - 11.30 3rd 7th Car Boot Sale, Playing Field - morning 9th Coffee Stop & Craft Group, Richard Jory Playing Field, Pulla Cross 10am - 11.30am 10th Gwennap Church Summer Music Evenings - Stithians Ladies Choir 7.30pm 16th Coffee Stop & Craft Group, Richard Jory Playing Field, Pulla Cross 10am - 11.30am 17th Gwennap Church Summer Music Evenings - Celtic Voices 7.30pm 18th Parish Council Meeting, Richard Jory Playing Field 7pm 19th Classic Motor Cycle Show - Crofthandy Village Hall 21st Car Boot Sale, Playing Field - morning Coffee Stop & Craft Group, Richard Jory Playing Field, Pulla Cross 10am - 11.30am 23rd 24th Gwennap Church Summer Music Evenings - Strike Sound with Janette Eathorne 7.30pm Gwennap Horticultural Society - afternoon visit to Hidden Valley Gardens, Par 2.30pm 25th 25th Coffee Morning, Frogpool Methodist Church, 10.30 - 11.30 27th Parish Fete, Richard Jory Playing Field, 12 noon

4 Hicks Mill Upholstery

HICKS MILL UPHOLSTERY

Last year, Teresa Timms began advertising her Upholstery business in this newsletter. I knew it was a change of direction for her, so thought I would ask her how it's been going since then.

She had previously worked in laboratories, using her chemistry degree, then moved on to sales & marketing, and latterly for fifteen years with the Cornwall Tourist Board as Public Relations Manager. Then came the cuts, so she decided on a complete change of direction – upholstery.

She had always been creative and loved fabrics and interior design so when she discovered that Cornwall has one of the best upholstery training centres in the country, she decided to do a trial week to see if she was any good at it...and she was hooked! Teresa spent the best part of a year re-training and practising on friends' furniture before deciding to set up her own business "Hicks Mill Upholstery".

There have been all sorts of commissions and one of the most unusual was an antique iron framed chair. Teresa told me "With no wood to tack into, everything had to be stitched by hand – no mean feat. It's always interesting to strip off old furniture to see what lies beneath and to hazard a guess at its age. I have found some interesting items but sadly no hidden treasure! The work I do is hugely varied – beautiful bespoke headboards, Ottomans, armchairs, dining chairs and small sofas. I have trained in both traditional methods and more modern techniques which mean I can generally tackle all sorts of furniture spanning 100 years!"

Running her own business has been an interesting experience – although she misses the camaraderie felt when working as part of a team, (she now only has the radio and the cat for company in her workshop), she loves the freedom it gives her and the huge sense of achievement from a happy customer.



Teresa Timms, The Cottage, Coombe Lane, Hicks Mill, Bissoe, TR4 8RE 01872 865479 or 07583 865295

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Frogpool - Cusgarne W.I. Hicks Mill Methodist Church

"HONEY I'M HOME"

Oh goodie there are signs of spring approaching and certainly some of the honey may bees may have started to become active. No sign of the bumbles yet.

Jennie and I have been looking into the benefits of eating our own raw honey and would like to introduce you to a site we found on the internet. For those who do not have internet access basically a good sprinkling of Ceylon cinnamon and a teaspoon of natural honey (not shop bought apparently) at night time helps reduce blood pressure, lower cholesterol together with loads of other benefits. Tastes yummy.

http://www.benefits- of- honey.com/honey.html

Bees are amazing as they not only fulfill a vital role in our ecosystem but they are one of the most complex and sophisticated living things in the history of evolution. They are, as we know, becoming an endangered species. We need bees and other insects to pollinate our vegetables and flowers. Between 80 to 90 per cent of pollination comes from the honey bee. Their numbers each year are on the decline...we must try to save them. There are several reasons why they are declining; disease, weather, garden pesticides as well as neonicotinoids used by farmers. Although there is a ban in place regarding use but this ban may soon be lifted.

So how can you help? Simply by growing a variety of different types of flowers. The bee needs the right type of flowers to obtain pollen (protein) and nectar (carbohydrate). Bees favourite flowers are simple flowers with open structures rather than double flowers that contain little or no nectar or pollen like those with tightly closed flowers that are difficult to enter. They love lavender, asters, salvias, or herbs like chives, lemon balm

The other way to save the bees is if you see a swarm of bees in your garden please try not to worry. If they are swarming, they should not sting you unless you aggravate them. Again, if internet is available go onto the BBKA site.

http://www.bbka.org.uk/help/do_you_have_a_swarm. php for a closer identification to confirm they are bees not wasps nor hornets. If no internet call us and we will try to identify them over the phone. Once identified as a swarm of honey bees, do call us. We will try and come out to collect the swarm, remove it from your garden, put then into quarantine to make sure they are decease free before passing them over to a registered bee collector who has lost his bees for whatever reason.

Phone us 01872 862204 for swarms, if you want us to drop off honey or email us at rosefarmstore@gmail.com.

Gregory & Jennie

Cusgarne-Frogpool W.I.

С	caring	F	friendly
U	unique	R	relaxed
S	smiley	0	outgoing
G	good looking!	G	generous
Α	articulate	Р	pleasant
R	readers	0	open minded
Ν	newsy	0	optimistic
Е	educated	L	lovable

When? First Tuesday of every month.
Where? Frogpool Chapel Sunday Schoolroom.
Time? 7.30pm

Phone 01872 864367 Susan McCrossan Secretary

PAY US A VISIT

This is the 100th birthday of the WI organisation. The Baton as a symbol of this is travelling around the country. Our WI saw it in Falmouth and Camborne at celebration events.

The WI ethos still prevails; a community based institution enabling women of all ages to meet and make friends, learn different skills and hear from speakers details of other events or activities.

In October we heard about life in St Michael's Mount and in February watched a demonstration to show the making of a box which could be "exploded" out to show pictures or photos or objects on its faces related to the box's theme.

In APRIL we shall have a talk about the famous gardener Gertrude Jekyll; other speakers include a steward from the QE2 in JUNE, & the RNLI in OCTOBER.

Posters in the village will give details. Visitors are always welcome. Meetings are at 7.30 on the first Tuesday of the month in the Chapel Schoolroom

Hick's Mill Methodist Church

Morning United Service at 10.30 a.m. (United service is shared with neighbouring villages, ring to confirm location 01872 870996)

Coffee mornings - the first Wednesday in the month 10:30 am to 11.30 am - please drop in, we often see people who previously lived in the area, returning for a chat.

Easter Day Service at Hicks Mill with the Reverend Susan Golden

Spring is here so they tell me, how many of you like me are conveniently avoiding the lawn mower for another few weeks. The village hall and committee has come through another winter and is now looking forward to the coming year of events. We will be planting some trees in the grounds soon these were kindly given to us by the Parish Council.

Your Parish Website www.gwennap-parish.net

The village must be growing as we have had to site a

new power transformer in our hedge to supply a new build, the existing one having reached its capacity. We welcome our new neighbours and hope they will contribute to the village. The hall is as busy as usual -we now have a dog training group as a regular weekly session. Also we have Weight Watchers, Spinners, and possibly Yoga coming soon, (must be the under floor heating).

For details any of these activities or any bookings you may be interested in call our booking secretary Chris on 01209 822577

Looking forward to a good summer for us all, our now famous classic bike show will be on the 19th June this year weather permitting.

Steve Trelease chairman 01209 822153.

40th Spring Show

St Day Horticultural Society is putting on their annual Show on Saturday 21st March – always an event not to be missed.

Homecroft Surgery, St Day.

As some Crofthandy residents are served by the Homecroft branch surgery at St Day, the information below will be of interest.

There is an application to open a Day Lewis pharmacy in St Day. Homecroft Surgery has sent the following letter:

Day Lewis has indicated that they would provide a pharmacy to serve the inhabitants of St Day and patients within 1.6 kilometres thereof which includes Crofthandy. This would mean that patients in that area would no longer qualify as dispensing patients for Homecroft.. Unfortunately small branch surgeries rely upon dispensing to be viable. If a pharmacy were to open we would be unable to proceed with plans for a new surgery to replace the current one and it is difficult to see how even the existing branch surgery could survive. In these circumstances it seems reasonable to conclude that the overall effect of the pharmacy proposal would be to reduce local amenities rather than to add to them.

We trust you will appreciate therefore why Homecroft Surgery intends to write opposing the application and we would ask for your understanding and support.

(Through the Mining Villages Group, Gwennap Parish Council has objected to the Pharmacy proposal).

FOR ALL YOUR

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And
Garden Clearance

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Gwennap Horticultural Society Letter to the Editor

GWENNAP HORTICULTURAL SOCIETY PROGRAMME 2015/16

AGM/Annual Dinner/Meetings/Lectures are held at Gwennap Church Hall on the 3rd Thursday of the month at 7.30 pm unless otherwise stated.

Thurs.19th March Talk by Peter Howard – Hidden Valley Gardens, Treesmill, Par

Thurs. 16th April Talk by John Sirkett – Hardy Carnivorous Plants

Thurs. 23rd April Afternoon Visit to Tresahor Vean, the garden of Oliver Carne. This date has been chosen as

we are hoping to see the bluebells. 2.30 p.m.

Thurs.21st May Full day visit to Ince Castle and Trematon, full details sent out by letter to all members.

Closing date for replies 25th January

Thurs.25th June Afternoon visit to Hidden Valley Gardens, Treesmill, Par PL24 2TU. Award-winning 3-acre

colourful garden in 'hidden' valley, with nursery. Cottage-style planting with herbaceous beds and borders, grasses, ferns and fruit. Gazebo with country views, Iris fairy well, Fishpond,

Japanese garden and vegetable potager. 2.30 pm. Entrance

Saturday,18th July Afternoon visit to Pat Roberts Garden, 2 Hornblower Cottages, Salem, Chacewater. 2.00 pm

onwards. Entrance will be a donation to "Help for Heroes". This visit is weather permitting.

Thurs.20th August Afternoon visit to Trenarth Garden, High Cross, Constantine the home of Lucie Nottingham.

2.30 pm. Entrance £4 to include refreshments.

Thurs.10th September Annual Dinner in Gwennap Church Hall

Thurs.17th September Talk by Jenny Edrich – Stinkbombs, Samphire and Squills (a wild flower trip around Cornwall)

Thurs.15th October Talk by Andy Gavin – Part 2 – Travelling to see plants in Java, Malaysia and Singapore

Thurs.19th November Talk by Chris Bailes – Hollies

Thurs. 21st January Annual General Meeting and Social Evening

Competitions 2015 -

Any three blooms from your garden. There will be a show table where members may display anything horticulturally interesting or special. Members may bring plants to sell or exchange.

We also welcome gardening books or magazines, plus any surplus garden produce and any spare seeds.

President – Mrs. Brenda Coxen, Chairman – Mr. Brian Hilev.

Vice-Chairman - Mr. David Knuckey,

Treasurer - Mrs. Liz Smith,

Secretary - Mrs. Susan McCrossan (tel. 01872 870320),

Raffle Secretary – Mrs. Margaret Saxton, Competition

Secretary – Mrs. Pat Roberts.

21st Feb 2015

Dear Sir,

You don't often have a letter from Twelveheads which is not well known as a centre of Alcoholism, indeed I am often embarrassed by my own contribution put out for all to see in the boxes provided on recycling days, but we have been visited by a determined group of Lager drinkers, not once but several times. In the last 10 days I have collected about 5 empty cardboard boxes of various lagers, not the sixpack sort the ones holding 10 or 12 large cans from a 200yard stretch between Wheal Andrew and the village and today I removed nearly 40 empty cans from only one side of the road-I'll do the other

side tomorrow. The cans and boxes aren't dumped all in one place but evenly distributed down the full 200yards.

So there is a mystery, how/where are they-it must be they, for if one person was responsible he'd have died of alcoholic poisoning by now, drinking it all? One would expect that if it were a "party" it would all have been dumped round one of the parking areas, but that's not so. Are there about 8 of them packed into a large people carrier (I'm sure the driver is on lemonade) driving very slowly down the road with all the windows open, having a competition to see who can finish a can quickest and then with a victory cry throwing it out, and every 12th can you are allowed to throw out the cardboard box as well, or do they actually drink it in one of the carparks, stationary, and save the litter frenzy till later, spreading it out evenly down the road?

Anyway my black Labrador loves parties, and he hasn't noticed anything special and he'll bark even if he thinks anyone is using "his" car park nearby. I'm not sure if I can wait for the next edition of the Gwennap News —always interesting- to see if any of your readers have any explanations to this mystery but I do wish they'd stop!

M.G. Twelveheads

GWENNAP CHURCH & COMMUNITY NEWS

(B.C.P. Book of Common Prayer, C.W.- Common Worship)

SERVICES AT ST.WENNAPA CHURCH

Sundays at 11 a.m.

1st Sunday Holy Communion B.C.P. 2nd Sunday All Age Worship

3rd Sunday Holy Communion C.W.

4th Sunday Matins

5th Sunday Holy Communion C.W.

N.B. EASTER CELEBRATIONS

11am Palm Sunday March 29th Holy Communion and distribution of palms

11am Good Friday 3rd April An hour at the Cross 11am Easter Sunday Holy Communion (order Two) Everyone is very welcome to all our services. Do come along and join us.

FRUGAL LENT LUNCHES IN 2015 continue each Friday from 12. noon -1.30 pm in the Church hall. Soup& roll, cheese & pickle, tea or coffee. £4.00 per person. The last one will be on Good Friday April 3rd. Do come along and join us.

GWENNAP LADIES GUILD meets on the 4th Tuesday of each month in the Church hall unless an outing has been arranged

We are holding a JUMBLE SALE in the CHURCH HALL on SATURDAY MARCH 28th at 2.00 PM. Entrance 10p If you have any jumble that you would like to donate please contact Sue Martyn on 01872 862670

GWENNAP BELL TOWER- is always delighted to welcome new recruits. Come along on a practice night and 'have a go'. We practice on Thursday evenings from 7.30pm until 9.00pm .when we usually visit the local pub for relaxation. We ring for all Sunday Services and other services including weddings .Look forward to seeing you.

COFFEE STOP

We have enjoyed meeting once a month in people's homes. In April we shall go back to the Parish Rooms at Frogpool, where we shall meet each Tuesday 10-11.30.

If you have not been to one of these mornings, please come along. Coffee, tea and biscuits are provided, and any donations go to our charity for this year which has been the Air Ambulance. For more information ring me, Vanessa 01209 820355.

GWENNAP STREET MARKET

Monday 4th May 10-1pm.

It is held on the unclassified road between the Fox and Hounds Comford and Gwennap church car park. Sites for one table and a car £8.00.

To book, if you have not received a letter, phone Vanessa 01209 820355

We hope to see you all there supporting local charities and traders. As usual there will be amazing bacon butties and other goodies on sale in the Church Hall.

SUMMER CONCERTS AT GWENNAP

Our concerts this year start on June 3rd. Admission has to be £5.00 this year and will include refreshments for everybody. The concerts begin at 7.30 and finish about 9.15.

June 3rd Goonvrea Singers, 10th Stithians Ladies Choir , 17th. Celtic Voices' 24th. Strike Sound with Janette Eathorne

July 1st. Four Lanes Male Voice Choir, 8th. Eight-ina-bar, 15th St. Stythians Male Voice Choir, 22nd Trelawney Singers, 29th. St. Keverne Male Voice Choir

With the smell of wood smoke in the air from winter home-fires, this seemed appropriate.

WOOD AND ITS BURNING QUALITIES

OAK logs will warm you well, If they are old and dry. LARCH logs of pinewood smell But the sparks will fly. BEECH logs for Christmas time; YEW logs heat well. SCOTS logs it is a crime For anyone to sell. Birch logs will burn too fast, CHESTNUT scarce at all, HAWTHORN logs are good to last If cut in the fall. HOLLY logs will burn like wax You should burn the green. ELM logs like smouldering flax, No flame to be seen. PEAR logs and APPLE logs, They will scent your room. CHERRY logs across the dogs Smell like flowers in bloom. But ASH logs all smooth and grey Burn them green or old; Buy up all that comes your way, They're their weight in gold.

BEREAVEMENTS

In the past month we have lost **Bryn Bailey** of Cusgarne Manor. Bryn had lived and farmed there for most of his life.

Ruth Wheildon has also died at the age of 92. Although she latterly lived at Reawla, she will be remembered locally for her life at North Tresamble Farm, Gwennap.



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Chapel View Farm, Hicks Mill, Bissoe. TR4 8RE 07711 547371

Frogpool Methodist Church Frogpool / Cusgarne F.C.

Frogpool Methodist Chapel

Minister Revd. Peter Facer Tel: 01326 317427.

Sunday Morning Services 10.45 a.m.

Coffee Mornings are held at the Church from 10.30 a.m. to 11.30 a.m. each month

Thursday 26th March Thursday 30th April. Thursday 28th May. Thursday 25th June.

Come and enjoy a cup of great coffee (or tea) and have a chat. Bring & Buy Stall.

Frogpool's Easter Service's

Maundy Thurs. 2nd April 7.00 pm at Ponsanooth Good Friday 3rd April 10.30 am at Frogpool Easter Sunday 5th April 10.45 led by Mr. Peter Cocks.

Frogpool Methodist Sunday School Hall or Stable Room (including kitchen facilities) are available for hire.

Enquiries to Mary Richards 01872 863143.

There is a selection of factual and fictional books available to borrow from the Sunday School Hall on Coffee Mornings.

The Gwennap Craft Group will meet on Tuesday Mornings at the Coffee Stop in the Parish rooms at the Richard Jory Playing Field from April.



Photo by Margaret Jose of a Visitor To her garden in Frogpool

Frogpool / Cusgarne FC

We have been doing very well in the Junior Cup. We have recently beaten the

favourites Carharrack in a local derby It was a hard fought game which we won 1-0 thanks to a powerful late header from Ian Jay. This put us into the

Semi-finals. Our semi final was against Mullion at their ground. This was another game that was played in strong weather. We went a goal ahead after Alex Bawden scored a remarkable forty yard goal. Mullion equalised before half-time but Frogpool responded well and scored the second and final goal after Neil Carter scored. This is a massive achievement for a small local club and congratulations to manager Nick and his loyal assistant and wife Michelle and the whole squad. The final is to be played against St.Buryan at Porthleven on the 11th of March.

The 1st team currently sit 7th in the league but have several games in hand on the teams above.

The reserves have had some tough fixtures since the turn of the year .They had a seven goal thriller against Lizard which was played in heavy rain. Lizard went on to win the game 5-2. The next two games were played against Mabe and Penwith Exiles who are both flying high in division 4. Frogpool were defeated in both games but returned to form during their last game at home to Troon. The game ended 2-2 with both sides coming close to winning. Dan Templeton scored with a great header. The team has some new players and is hoping to climb the league table soon.

Local company to the area **LTC** powered access has recently sponsored a new home kit and continue their sponsorship of the first team which dates back to 2006.

We have also been given more club polo shirts from our sponsors **Trehaddle Builders** and the **Cornish Arms** which we are very grateful for their continued support.

Home fixtures to the end of the season are :

Aprıl			
4th	1st's	V	Marazion Blues
8th	2nd's	V	Gwinear
11th	2nd's	V	Falmouth Town
18th	2nd's	V	Mousehole
22nd	2nd's	V	Penwith Exiles
25th	2nd's	V	St Ives Mariners
27th	1st's	V	Sennen
May			
9th	2nd's	V	Ludgvan
16th	1st's	V	St Buryan Res.
23rd	1st's	V	Mullion

Cusgarne School - Spring term 2015

This term has been a very busy, but also very exciting. We were invited to take part in two major projects for schools across Cornwall.

Cornwall Dance Partnership brought together about fifteen schools to perform at the HFC in a show called 'Splashdance'. Class 3 (Years 4, 5, &6) worked hard on their dance and performed it with confidence and enjoyment to a packed house. All our children's parents managed to get tickets for the show and were 'wowed' by the experience. We were all very proud of the children.

Secondly, we were invited along with 3 other schools to perform in the Truro Cathedral Spring Concert. The children again rose to the occasion, the Cathedral was packed and the Cusgarne pupils had been chosen to perform last. They were full of nervous excitement but performed extremely well and enjoyed every single moment.

Class 2 visited Falmouth Art Gallery as part of their current project looking at the work of Matisse. They looked at different styles of painting and have re-created some of their own works of art.

The entire school had a challenge adventure day and even though the weather was unkind lots of out- door activities were undertaken, including cycling along the Bissoe trail, orienteering, ride-on toys and construction games.

There are a number of our pupils taking part in the Cornwall Music Festival, later this month. The children have been practising for some time and I'm sure they will all do well in each of the categories they've been entered into.

Next week we have a planned share afternoon for parents to come and take part or just observe their children in action in school.

Our Book fair is the following week, when all staff and pupils will be dressing up as a book character as a part of World Book Day celebrations.

The final big assembly of the term is based around all the musical activities children have been engaged with. There will be lots of groups, individual performance as well as whole class performances.

Regular details of events and news can be found on our website: www.cusgarne.cornwall.sch.uk

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Alan Blamey by email at clerk@gwennap-parish.net or telephone 01872 864601 for more information Commercial advertising prices (all of which goes to support this newsletter)

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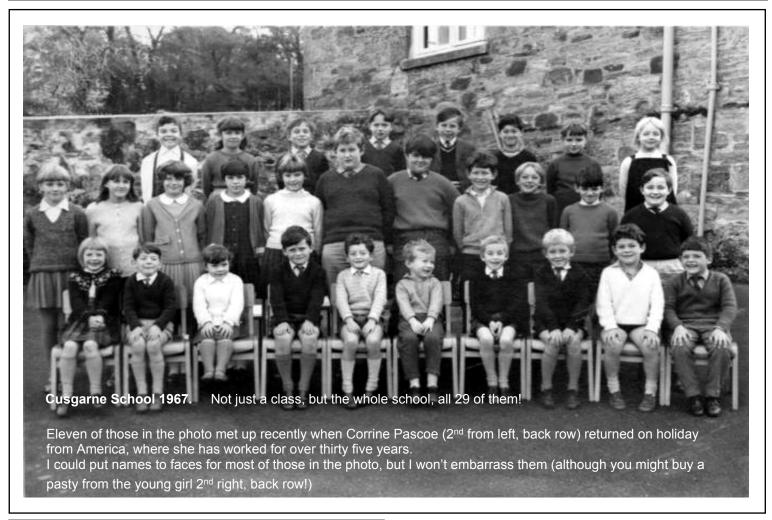
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Parish Council News

More information on our website (gwennap-parish.net)

- We have kept the 2015-16 precept + support grant (the amount that we get from the Council Tax) to the same level as the previous four years, and the lowest financial amount in eleven years.
- This will still enable the Parish Council to keep a sum in reserve for anticipated expenditure in the Playing Field, where repairs are becoming increasingly necessary to equipment.
- A survey and minor repairs have been carried out to the culvert running under the Wheal Maid valley.
- Work has commenced on the closed Landfill Site at United to reinstate bridleways that were closed whilst the site was operational.
- The Parish Council meets on the third Thursday of each month at 7pm at the Parish Rooms, Richard Jory Playing Field, Pulla Cross. The public are welcome to attend, and can raise items during the first 30 minutes.

Editors note :If you have submitted articles/photographs for inclusion in the newsletter and we haven't used them yet, we will eventually. We limit ourselves to 16 pages because the next step up is 20 pages, and the costs that go with it are prohibitive.



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Dear Resident

Rights of Way I have very recently supported the planning permission for the reinstatement of a bridleway which was covered over when the United Downs Landfill Site was in operation. This will be a major step forward for everyone who already takes advantage of the existing footpath and bridleway networks. I have also been able to get the contractors to agree to resolve the ongoing bridleway flooding issues at the bottom of Sparry Lane on bridleway 29.

Litter and Fly Tipping I have continued to report and monitor the cases of fly tipping in the parishes of Gwennap, Carharrack and St Day, unfortunately there is an increase in fly tipping incidents. Some roads and hedgerows had become very badly affected with litter, most of it consists of drink cans and bottles and fast food packaging. Areas that have been worst affected are Little Beside/ Crofthandy and United Downs, I must praise Cory Environmental Services for their response and they have dealt with every report and cleared all of the rubbish either on the same day or the day after.

Highway issues All reported pot holes that I have been made aware of have now been filled by Cormac and many drainage ditches are being cleaned out, some locations in the area this winter had fallen trees across the highway and again these were dealt with very effectively by Cormac.

Councillors Community Chest Funding In April this year I will have £2,000 to help community groups and organisations so if your group does require some help with funding then please feel free to contact me Kind regards

Mark

Receive this newsletter by email and reduce the green burden - an email with "News" in the subject box to

gwennapcouncil@btinternet.com



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At this time of year many of you, like me, will now have a new store of homemade Seville orange marmalade. Also, it won't be long before the first of this season's rhubarb will be ready for pulling. So I thought I would give you a couple of very easy recipes for ice cream using these two ingredients.

<u>SEVILLE ORANGE MARMALADE ICE CREAM</u>
This recipe could not be simpler. You do not need to churn the ice cream when it is half-frozen as it

remains a lovely spooning consistency when fully frozen.

Whipping cream

Soft set Seville orange marmalade – fine or chunky

Whisk the cream until it forms soft peaks. Whisk in the marmalade. How much you add depends on personal taste but remember that the flavour will diminish with freezing so be slightly generous. Pour into a plastic container, put the lid on and freeze.

RHUBARB CRUMBLE ICE CREAM

(serves 6-8)

My children have always been a good yardstick for my recipes and this one is a firm favourite with them.

Crumble

75g/3 oz plain white flour

50a/2 oz butter

50g/2 oz light brown muscovado sugar

½ level tsp ground ginger

Ice cream

450g/1 lb trimmed rhubarb cut into 1cm/1/2" lengths

425ml/15 fl oz whipping cream

225g/8 oz sugar

1 tbsp of lemon juice

Pre-heat oven to 375°/190°/gas mark 5, 28cm x 18cm (11" x 7") shallow baking tin Large shallow baking dish,

2 ltr (3½ pt) plastic freezer container with lid

Put the rhubarb in a large shallow baking dish with the sugar, lemon juice and water. Cover with foil and put on a low shelf in the pre-heated oven. It may take up to 30 minutes for the rhubarb to be completely tender: you need to check regularly. Sprinkle over more water if you think it is drying out.

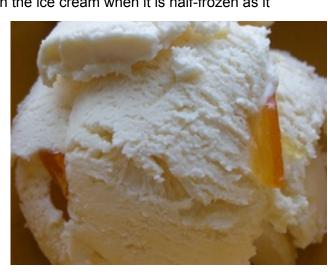
Combine all the crumble ingredients together using your hands to rub the fat into the flour, sugar and dried ginger or use a food processor. You want to end up with small marble-size lumps rather than breadcrumbs.

Sprinkle into the baking tin. Bake for 10 minutes on a shelf above the rhubarb then remove from the oven and leave to cool. When cold break the crumble back into marble-size pieces.

Once the rhubarb is cooked, take it out of the oven and leave to cool a little then purée it in a food processor or stick blender until smooth. Pour into a bowl and chill in the fridge. Whip the cream until it forms soft peaks and stir in the chilled purée. Spoon into the polythene container, put the lid on and freeze for 3-4 hours, whisk and return to the freezer for a further 2 hours. Whisk again and stir in the crumble before the final freezing.

Sit back and look forward to eating them on one of those hot sunny days we are going to have.





Sue Ferguson

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