Gwennap Parish Newsletter

An Blu Lann-Wennap Derivadow

Delivered with compliments of Gwennap Parish Council

Autumn 2021 Issue 52



Photo kindly submitted by Jo Snell

Welcome to your Newsletter

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We are back!



Firstly, a big thank you to all who have contributed and to those that have helped me put my first Newsletter together for the Parish. My apologies if I missed anything or anyone.

It would be wonderful if we could get another Newsletter published before Christmas and I would be most grateful if you could send me items for that as soon as possible. Many thanks to all submitted photos for the front cover. Congratulations to Jo Snell for a wonderful Autumnal from Gwennap. The other entries we all excellent and appear later. Please do send me any suitable photos for the Winter / Christmas newsletter.

My first three months in this new role has been busy and I would like to thank all those who have made me feel so welcome and I really do appreciate all the help and advice I have received.

I think this is a good time to thank the Parish Councillors for all their hard work. They are all volunteers and receive no payment for what can be a lot of time working for your Parish. We have many projects and events happening over the next year which will keep all of us busy. If you would like to get involved, we would love to hear from you. We have a vacancy for additional Parish Councillors and these vacancies will be advertised soon. We also need help to run our existing and future projects, please contact me if you could like to get involved.

COVID-19 has affected us all in different ways and it does look like we are through the worst of it. But cases numbers are still high, and we all need to take care. The Parish Hall is now back in use, and we ask all who us it to take sensible precautions. I am aware that there are some who are still nervous about going out and maybe struggling with various issues. If you cannot find the support you need please do get in touch and I will endeavour to help.

This edition of the Newsletter has been delivered by post, if you were a volunteer deliverer of past Newsletters please do get in touch as we would like to return to this method of delivery. Also, if you would prefer to read an electronic copy please email me, I am starting the list again to ensure I have up-to-date information. Obviously receiving this by email or downloading it not only saves paper but also saves money.

Chris Ring Clerk, Gwennap Parish Council, clerk@gwennap-parish.net



Volunteers

Please could you contact Chris the Parish Clerk if you would be able to help deliver the Parish Newsletter future editions.

clerk@gwennap-parish.net

Chairman's Blog



Apology

It is nearly a year since the last published Parish Newsletter, for which I apologise. The Council appreciates how this publication is valued by many and the intention is to try and get back to the usual routine of 3 issues per year. We would value contributions from anyone who has something to share with other residents. If this Newsletter is to continue to thrive, it needs to be not only for the Gwennap community but by the Gwennap Community.

Council News

As the Chair, I have been on the Parish Council the longest and that is for just over 18 months. We have had a lot of change recently but now comprise 5 members from across the community who are united and committed to help the Parish to become the best it can be. We have 2 vacancies so if anyone wishes to join the Council and wants to know more, please get in touch.

As volunteers and with busy lives, there is a limit to what we can do as a group. If we are to achieve our objective of making this a Parish to be proud of, it will take many of us across the whole of Gwennap to participate in whatever way we can. Prior to COVID, the Council held an event to seek volunteers for various initiatives and we are looking to capitalise on that goodwill as we (hopefully) emerge into a future where the virus has less impact on all our lives. Similarly, the Council does not exist for its own purposes and designs. We represent you and although there are legal obligations which we must fulfil and which can be time-consuming, the Parish Council can help to facilitate other changes and improvements which you would like to see. Please contact us with any ideas you have which you would wish to see implemented.

Priorities

Following the elections in May, the new Parish Council set out what it considered to be its initial strategic priorities. In summary, these are (in no particular order) as follows:

Housing - particularly Affordable Housing

Understanding the mining aspirations for lithium, tin and copper and representing the community's aspirations with regard to that activity

The future of the Banger Race track site

Liaising over the development of geothermal energy

Resolving the future of Wheal Maid

Taking forward the Climate Action Plan

Speeding and other highway issues

The vulnerable in our Parish

As and when appropriate, on all of these matters and others, we will consult with you and hold public meetings to provide information and/or consult regarding future action.

Unsung Heroes

One of the positives arising from this very difficult last 2 years has been the way in which people have provided help and support for their neighbours and wider community....often without being asked or seeking any recognition for their efforts

The Council will be holding a special celebration day at the Parish Rooms on Thursday 2 December to show our appreciation for all those unsung heroes within our Parish who deserve to be applauded for their selflessness. It can be anything at all where you believe that a parishioner should receive wider acclaim for their kindly action which has helped to make a bad time just a bit more bearable. Please send your nomination to by Friday 12 November. Nominees shall be invited to a special awards ceremony.

Community Events

The return of the car boot sale has been a reminder of how important it is to get together as people united by a love of this area and community. The joy of people emerging from their vehicles and being so grateful to be out and meeting people they hadn't seen for so long, was truly heartwarming.

In addition to 'Unsung Heroes', we will be organising a giant tea party on the Playing Fields on Sunday 5 June 2022 to celebrate the Queen's Platinum Jubilee. It will be great if every blade of grass is covered with picnic blankets! We have spoken of the desire to make better use of the Richard Jory Playing Fields and the Parish Rooms for community events and so, again, if you have any ideas, please let us know.

Thanks

As a new Parish Councillor, I want to express my thanks to all those who have served in that capacity before and for all the kind words of support to me and the other Councillors which make it all worthwhile. This is a great Parish to be part of and to serve and if we continue to work together in a positive way, we can make collective improvements which can be beneficial for years to come.

Richard Williams Chair Gwennap Parish Council 07464 171337



Gwennap Parish Council Climate Emergency – Call to Action

Update Autumn 2021:

Gwennap Parish Council called a climate emergency in July 2019.

Since then:

We have formed the Gwennap Parish Environmental Group which will meet initially on 4th October and regularly thereafter.

This group will feed into the CIPR Network Climate Meeting and ultimately assists Cornwall Council with their declaration of a Climate Emergency.

Of the 1622 trees we pledged to plant in 2020 we have managed to achieve 950 trees planted in the Parish. These trees were donated to the Parish by I- Dig-Trees. Our grateful thanks to them. We intend to plant 1000 trees every year in the Parish over the next ten years but are conscious that mass tree planting alone will not solve the Climate Emergency and must look at only planting appropriately.

Reducing our Carbon Footprint as a Parish Council

We have changed our cleaning products and toilet rolls to environmentally friendly products and will continue to replace cleaning products with environmentally friendly products as we use up our existing supplies.

We have switched to a green energy supplier for our electricity at the Parish Hall. We are reducing use of print and paper by delivering the Parish Newsletter virtually (unless requested by those who have no access to this)

Public Spaces

We would like to encourage and plant wildflowers in public areas. This will mean cutting less grass and verges and re-wilding areas instead. This will reduce the need to mow (reducing carbon emissions and cost) and will help support biodiversity, carbon sequestration and our struggling insect populations.

Waste Management

We have increased our litter picking staff in term of numbers and hours. This ensures that the Parish looks clean and tidy for the enjoyment of our parishioners and the safety and health of our wildlife.

If anyone has any suggestions as how we can become even more environmentally friendly as a Parish, we would be very interested to hear from you.

Please come along to the GPEG meetings or contact

Councillor Freeman - Lead of Environment and Climate Emergency Call to Action. Email andreafreeman@gwennap-parish.net

Make a difference, make a pledge, or two...

If you would like to take some practical steps towards making a difference then do as many of the top ten pledges below as you think you can achieve.

| Pleage ONE I pleage to ring my electricity supplier over the next 24 hours and see if I can switch to green energy (if not I will find one)! | | |
|---|----------------|--|
| Pledge TWO I pledge to buy local seasonal produce as much as possible – starting with at least 2 meals a week | □ ek | |
| Pleage THREE I pleage to educate myself about the science and impacts of climate change. | | |
| Pledge FOUR I pledge to contact my MP and my friends and make these pledges too | | |
| Pledge FIVE I pledge to walk, cycle, use public transport or register with https://liftshare.com/ 08700 111199 to travel to work or regular journey at least once a week. | | |
| Pleage SIX I pleage to work out my own carbon footprint using one of the many easy to use carbon calculators eg, http://footprint.wwf.org.uk | 0 | |
| Pledge SEVEN I pledge to find out how I can save energy in my home with https://energysavingtrust.org.uk | | |
| Pledge EIGHT I pledge to turn my thermostat down or use a thermometer to reach the lowest comfortable temperature, typically between 18-21°C & think about putting on a jumper instead. | | |
| Pledge NINE I pledge to reduce my holiday air miles by 50%. | | |
| Pleage TEN I pleage to research/google 'Driving in a greener way' or book a driving lesson to learn | | |
| | | |

reduced-emission driving techniques (called eco-safe driving by the DVSA).

COMMUNITY LINK OFFICER CORNWALL COUNCIL





INTRODUCING YOUR COMMUNITY LINK OFFICER - CORNWALL COUNCIL

"Hello, I'm your Community Link Officer and I work for Cornwall Council in the Localism team. My role is wide ranging and every day is different which keeps me on my toes! I've been doing this job for 13 years now and I cover the following areas of Cornwall - Camborne, Pool, Illogan, Redruth and the mining villages which includes Portreath, Lanner, Stithians, Gwennap, Carharrack, Four Lanes, St Day and Chacewater. I've also done this job for four years in Helston and the Lizard where I was lucky enough to run with the Olympic Torch. Prior to working at Cornwall Council, I worked for 8 years in Penzance for Penwith District Council, where I was working with the business community.

My job is really varied - I support all the local town and parish councils working with them on a range of projects and enquiries. I also support the local Elected Member, for Gwennap parish Cllr John Thomas MBE.

I also work to support community groups and organisations with a range of queries including finding funding, support with legal constitutions, helping them find new volunteers and building capacity and generally supporting where I can.

I am the link between the community and the Council services so deal with enquiries including the environment, waste, funding, housing, transportation, economy, highways, social enterprise and much more.

I am always working to find solutions to issues and opportunities to help communities work more closely together and helping connect parish councils to the resources they need.

I sit on the Board of the Camborne town deal which has just been successful in bidding for over £23 million of regeneration money and I also sit on the Board of the Redruth High Street heritage action zone. I am an active member of various forums youth forums and regeneration forums to help improve the area for the better.

I also manage the Cornwall Councillor Community Chest grant fund where small community groups can access money to help develop their work or project.

I live in Frogpool, am a keen walker and volunteer with two youth cafes in Cornwall which I founded some years ago.

Get in touch if you need any help charlotte.caldwell@cornwall.gov.uk or call me on 07805 860511."

SEE IT, REPORT IT!

Potholes in roads or footways:

www.cornwall.gov.uk/transport-and-streets/roads-highways-and-pavements/highway-maintenance/potholes/ report-a-pothole/

Road surfaces:

www.cornwall.gov.uk/transport-and-streets/roads-highways-and-pavements/highway-maintenance/potholes/ report-an-issue-with-the-road-surface/

Hedges, verges or trees:

www.cornwall.gov.uk/transport-and-streets/roads-highways-and-pavements/highway-maintenance/verge- maintenance/report-issues-with-hedges-or-verges/

Fly tipping:

www.cornwall.gov.uk/environment-and-planning/street-care-and-cleaning/fly-tipping/ or telephone 0300 123 4141.

Dog Fouling:

www.cornwall.gov.uk/environment-and-planning/animal-welfare/dog-welfare-and-enforcement-service/dog- fouling/report-dog-fouling/ or telephone 0300 1234 212.

Defibrillators



Defibrillators in the parish

We hope that you, or someone close to you will never have the need for a defibrillator, but should you need to access one quickly we have four within our parish, purchased and installed by Gwennap Parish Council, and one just across the parish boundary in Bissoe. Defibrillators are located at:

Cornish Arms at Frogpool

Parish Rooms at the Richard Jory Playing Field Gwennap Church Hall

Crofthandy Village Hall.

Bissoe Bike Centre

What is an automated external defibrillator (AED)? An AED is a portable electronic device that automatically diagnoses and treats life threatening cardiac arrhythmias through the application of electrical therapy, allowing the heart to re-establish an effective rhythm. AEDs are easy to use after initial training.

- Immediate defibrillation can be the difference be- tween a life lost and a life saved.
- Around 30,000 people have a cardiac arrest each year outside the confines of a hospital
- The chance of survival after the heart stops falls by around 10% for every minute that passes without defibrillation
- It can take the emergency services several minutes (and sometimes longer) to arrive.

Cath's Corner: the developing of a garden

The young buzzard is digging for worms in the western field and, as we move in to start work there, she flits across to the eastern field to continue her searching in the western field. We have an unspoken code, buzzard and us, we don't disturb her and she doesn't interfere with us.

That seems precious to us.



Three years previously, just before Christmas 2018, those lovely people at Brains confirmed the completion of the purchasing process. To see the smile on the face of the eponymous Cath, it was as if all her Christmases had been rolled into one. In a way they had. We (Cath & Tim) had moved to Cornwall to be closer to our family in Mylor Bridge and for some time had been searching for a unicorn, a smaller house with a large garden. We could find large houses with large gardens and small houses with small gardens, but that all-important compromise continued to elude us until we settled in Frogpool. We have always grown our own food, not totally self-sufficient, but as close as we could, and it has been no different here. The lawn had to go. Well, we didn't have a lawn mower anyway! In its place we created a series of veg plots, which worked well until we outgrew (pun intended) them and the search for an allotment plot began. And so, it came to pass that we stumbled upon the fields at 'Reeves Corner' up for sale. After a few hiccups and some anxious waiting we became the new, proud owners of these. Our Grand-Daughters quickly decided that this must be 'Cath's Corner' and so the name was born.

The first walk round as the new owners opened our eyes as to what we had taken on. Yes, we had worked much poorer land; yes, we had reclaimed areas from worse condition, but we were younger then. This time we were not on our own and, with the help of our family, started work to clear brambles and other perennial weeds (pic 1). It was a long process and after a week of driving a flail-mower round the fields, my wrists were going on strike! The beauty of clearing like this is that the progress is immediately apparent. We were lucky with the weather and made good progress, which we followed up with almost constant mowing. Yes, we had now to buy a mower! The other priority was to make an entranceway because at the start the only way in was over the wall! Where the gate is now, there had been an entranceway at some point previously, so it made sense to recreate that.

There was a plan, but with two fields approximately one acre each, this had to be outline only and would change with time. We knew we wanted to grow vegetables for both families, to have fruit trees and soft fruit, we needed areas for children to play, and we wanted to plant some native woodland. I pitched for a golf-practice area, but that idea was quickly squashed. Using those general thoughts Cath's Corner has evolved and will continue to do so. The vegetable beds, sited to optimise the orientation, are approximately 4ft wide by 10 metres long (we're bilingual here!) with decent paths to ensure good access. Double dug at the start, but thereafter will not be dug again. Compost comes from our own recycled garden waste and from the abundant local supply of horse manure that we allow to mature in a series of pallet-derived compost bins. Crops include the usual roots, onions, legumes, and brassicas, as well as others like sweet potatoes, asparagus, squashes. Each year we challenge ourselves to try something different, but the overall aim is to feed our two families from the garden.

We planted a small orchard of apples, pears, and plums, as well as almond, quince and medlar. A small fruit cage contains raspberries, cherries, blueberries and blackcurrants.

There was a strip of ground that had been quite badly poached from the animal traffic, etc (pic 2). The top inch became a sticky, soup of mud, while the ground below was bone dry. It was a slow, steady slog to dig over this area, but, once ready, we were able to plant wild cherry, wild plum, *Viburnum*, *Philadelphus*, *Genista*, *Hoheria*, *Hydrangea*, and other shrubs, as well as bulbs, in a drive to get interest all year round.

The hedges were quite overgrown with brambles, but also in terms of the thorn trees crowding into each other and encroaching into the field areas. We wanted to plant some new woodland trees in the eastern field but had to deal with the hedges first in case we ended up felling trees on to the newly planted stock. Once again, the work parties bush-wacked, clipped, sawed, shredded, only burning the remains that could not be used as firewood, composted, nor shredded for pathways. The benefit was immediate both in terms of improved grass growth (light and air) but also in the appearance of wildlife. Now we could plant the young trees - birch, rowan, crab apple, wild service, hazel, and beech trees. In addition, each member of the family could choose a tree to be planted as specimens around the eastern field. These include chestnut, walnut, Himalayan birch, Acacia (dealbata & baileyana), Davidii (handkerchief tree), Eucryphia (nymans), dog wood, wych elm, Ginko, larch, and Acer griseum. In all, we have planted close to 300 trees, including the hedges. On the inside of the road-side hedge in that field is a lovely spread of bluebells and, to help protect these from foot and machinery traffic, we planted a short row of larger fruit trees (again apples, pears, cherry and plum) to provide a 'boundary' to that area of the field. Also, in this field we are encouraging wildflowers to spread to create meadow habitat. From late February, mowing is restricted to a network of pathways and around the trees. This gives us a chance to walk inspect the trees easily as well as being a fun item for the children. While the middle of the willow thicket (pic 3) makes a great 'den' to supplement the treehouse built into the mighty oak tree.

Cath's Corner - cont.

The fields have neither electric nor water supply and, while we can power the electric fences using batteries, the irrigation of the plots has been a problem for us. The collection of rainwater from the roofs of the buildings has helped, but this quickly disappeared during the drier summer months. We have been increasing the water retention of the soil with the addition of lots of organic matter in the form of compost. This has helped a lot, but we still need more. To this end we sunk a borehole and now can pump the water to the plots where we use seep hoses to optimise its use. This has been working well and we saw a good improvement in product yield this year. Also, during the summer we took the chance to construct a shed to house our machinery/equipment, as well as providing shelter from bad weather. This was our chance to make a green roof, something we have been wanting to try for some time. We planted several hundred sedum plants, all of which seem to have taken and we hope this is going to work, but time will tell.

Round the boundary hedges, as we have cleared them, we have planted hazel, beech, and Amelanchier to fill the gaps. The exception to this is the western boundary hedge was planted last year. This has *Potentilla fruticosa* as well as a long stretch of beech. In addition, a lovely yew tree was kindly donated to us. It was grown from a seed of the famous Dartington Yew about 30 years ago. In the bank we have planted periwinkle, which we hope will spread to cover the bank, spring bulbs to give us cheer early in the year, and Nerine to give a colourful end to season.

This quick retrospective trip through the last three years has surprised us in the amount of work we got through (pic 4). Of course, a garden never stops and our projects this year included the erection of a polytunnel and the creation of a pond. The tunnel will help us to extend the season, both early start and late finish, as well as offering the chance to grow different crops. The pond, we hope, will increase the wildlife in the garden and improve the whole eco-system of our little slice of Cornwall. Our philosophy throughout this project has been one of sympathetic development. The garden is created to give us pleasure as well as produce and to that end we always garden organically so that all wildlife will benefit. The measure of that is the buzzard, at the top of the food chain, coming to visit our 'organic restaurant'.

When Richard asked me write about the field for the magazine, my first reaction was that the field was not in the Gwennap Parish and did not qualify. But we have had so much encouragement from walkers and other passers-by, many of whom stop to chat 'over the garden fence' and ask about our plans and our progress, that it is now clear to us that this garden matters to others as well as us.

This garden is a labour of love for our family, but all the encouragement and support has been special to us and we thank you for that and hope that garden continues to give pleasure to you all for many years to come.

Tim Dodd





Pic 3: Long summer days in the 'den'.



Pic 4: Summer 2020 A garden in full cultivation

FROGPOOL METHODIST CHURCH

Minister Revd. Elizabeth Harris Tel: 01209 820077.

elizabeth.harris@methodist.org.uk

Please check the Notice boards for further information.

Sunday Morning Services at 10.45am

Services are planned for: 10th, 17th and 31st October, 21st and 28th November

Coffee Mornings

are held at the Church, 10.30am to 11.30am each month:
Thursday 28th October for Church funds, Thursday 25th November for Church funds
Thursday 16th December for St. Petroc's

These are purely social events where you can come and enjoy a cup of great coffee or tea and have a chat.

Bring & Buy Stall.

Preliminary Notices

The Annual Carol Service will be held on Sunday the 5th December at 3.00pm When it is hoped Cusgarne School children will be in attendance. Collection for charity.

Watch out for details of Community Carol Singing at the Cornish Arms in December.

Christmas Day Service 10.30am led by Mr. James Rimmer.

The Church has a large selection of jigsaws available to hire. These are available on Coffee mornings.

Frogpool Methodist Sunday School Hall and Stable Room (including kitchen facilities) are available for hire subject to Covid rules at the time.

Enquiries to Mary Richards 01872 863143.

Frogpool Community Courtyard - Frogpool Methodist Chapel

Drop-in Creative Workshop at Frogpool Chapel 10.30am-3pm, Wednesday, October 27th

At Frogpool Methodist Chapel, we are in the process of creating a Community Courtyard, a relaxing space within the chapel grounds for community use, which will include benches and planters, and feature ceramic artwork created by people in the community.

We are working alongside artist Vanessa Penrose to design, plan, and create ceramic artwork, seating and planting for this space, which will reflect the heritage and natural beauty of the area. We are therefore holding a Drop-in Creative Workshop at Frogpool Chapel on Wednesday, October 27th - you are warmly invited to come along any time between 10.30am & 3pm, to meet Vanessa, to observe, and to take part in making some of the ceramic artwork that will go in the courtyard permanently.

No prior experience is required – everyone is invited to come along and join in.

Tea and coffee will be provided throughout the day.

Vanessa is also working closely with Cusgarne school to enable the children to make ceramic artwork for the courtyard.

We aim to make this a welcoming and relaxing space for community use, and would love as many people as possible to be part of its creation.

We are grateful for a generous grant from the United Downs Geothermal Community Fund, which is making this possible.



MORLEY PENROSE

FUNERAL DIRECTORS

24 HOUR PERSONAL SUPERVISION

PRIVATE CHAPEL OF REST AT CUSGARNE

PREPAYMENT FUNERAL PLANS AVAILABLE

EMAIL: janet@trevaunance.net www.morleypenrosefuneraldirectors.co.uk

SAN MARINO
STATION ROAD
GOONBELL
ST AGNES
TR5 OPQ

TEL: 01872 863596 OR 07528869175

St. Wennapa Church, Gwennap



Regular monthly Services at St. Wennapa Church

At 11.00am

1st Sunday Holy Communion (Book of Common prayer)

2nd Sunday All age Worship

3rd Sunday Holy Communion (Common Worship)

4th Sunday Matins (Service of morning prayer)

5th Sunday Holy Communion (Common Worship)

Christmas Services in December

Sunday 12th 11am Christingle Service particularly enjoyable for children

Sunday 19th 11am Service of nine lessons and Carols Saturday 25th 10am Christmas Day Holy Communion

Gwennap Ladies Guild

At last we feel able to meet again in Gwennap Church Hall.

We meet at 2.30pm on the fourth Tuesday of the month but no meeting in December.

At our meeting in October Rich Hardy will give us a talk about a Vegan Diet, it should be very interesting .

New members are always welcome.

We now have a new secretary:

Vi McPherson

01872 862151 if you would like to contact her.

Richard Jory Youth Club



What's On @Richard Jory Youth Club October to December

| Week 1 01/10/21 | T-Shirt Making | Week 8 19/11/21 | Cooking Session. |
|---------------------------------|--|---------------------|---|
| Week 2 08/10/21 | Park sports and games | Week 9 26/11/21 | Xmas Movie Night |
| Week 3 15/10/21 | Indoor games, wii, table tennis | Week 10 3/12/21 | Christmas crafts |
| Week 4 22/10/21 | Fire brigade talk TBC | Week 11 10/12/21 | Christmas cooking |
| Week 5 29/10/21 Half Term | Trip Roller Disco TBC Halloween Party | Week 12 17/12/21 | Christmas Party Christmas dinner Secret santa games. |
| Week 6 5/11/21 | Bonfire Night Crafts | Week 13 24/12/21 | Possible mid week trip Eden TBC Session Closed Xmas Eve |
| Week 7 12/11/21 | Den Making/ Team Building | | |

Richard Jory Youth Club

Friday evenings 4.45pm to 6.45pm @Richard Jory Playing Fields







Gwennap Traffic Group

It's been a while since the last update, and a lot has been delayed, but here's where we're at:

Community Speedwatch

There is a Gwennap group, but to make it work there need to be more people willing to sign up as Operators. The more who do the less of a big time commitment it is for everyone. Locations have been selected based on those identified by you, taking into consideration the criteria set by the Police and have been worked through with them to the point that they've awaiting approval over the next few weeks. If locations aren't considered suitable we're looking at other forms of unmanned monitoring. Once we have enough trained volunteers we can start running sessions and collating data to support the solutions. Please email lucywilsonrichards@gmail.com if you're willing to step up and join in...

Children's Signs have been dusted off and our Parish Clerk is liaising with Cormac to check if they have any restrictions on where we can put them, as soon as we hear back they're going up at key locations within the Parish's villages.

Village Gateways are springing up around Cornwall at the entrances to villages, you may have seen the white timber effect 'gates' (recycled plastic which conforms to highway safety criteria and is resistant to arson). They've been used across the country for a couple of decades and are a proven effective measure to promote settlements to drivers, encouraging (we hope) more careful driving and reduction in speeds. We are tracking down the contact in Cormac to find out how we start getting some in across the Parish and will be speaking to our Councillor to access the available funding.

Speed Limit changes

Not an easy, quick, or blanket solution but not to be ruled out. The '20 is Plenty' campaign is gaining volume in Cornwall, it has been quite successful in urban areas up country where hard engineered solutions, signs and coloured tarmac fit in more readily, on rural roads these solutions would be completely out of place so their character and condition need to effectively be self-enforcing. There are some for which it may work within the Parish and we'll look at it for them. Elsewhere we're looking at extending the existing 30mph boundaries, if this is deemed enforceable and would address a specific issue.

Speed Warning Signs

There are a few of these around the Parish, with more posts so they can be moved around locations to keep them effective as familiarity has been proven to render them largely pointless. Please pay attention to them!

To have a say and be part of taking a communal responsibility for our Parish check the village facebook page or noticeboards, or contact Chris Ring, Parish Clerk.

Cusgarne Manor update





It was lovely to see so many of you at the open day in the summer.

I'm delighted to say that the main house is now finished and I'd like to say an enormous 'Thank you' to the amazing team who've worked on this mammoth renovation:

Bob Kellow – Building and stone masonry
Christian Catterall (Dimensions Roofing)
Don Kennett – Window restoration, and structural and decorative carpentry
Steve Harvey – Interior carpentry repair and replication
Julie and Chris Meredith – Interior and exterior decorating
Jon Hains and team (Blue and Green Plumbing)
Alex Lawer (Lawer Electrical)
Dave and Jayden Croot – Fencing, tree planting and garden
Mark (Jim) Collins – Cornish hedges, landscaping and lots of other stuff
Ed Carlyon – Interior prep/ground care/welding/everything
Bart Disney – Lime and mud plastering
and the many, many others who have been involved in this project.



I'm honoured to announce that the project has won a conservation commendation and has also been shortlisted in a national competition. I'm not allowed to share details of either as yet but will in a future update.

Cusgarne Manor is now open as an adults-only, boutique B&B which has been booked up since the opening in August and has received lots of lovely Airbnb reviews already. We will be open over Christmas and New Year if anyone needs overflow for visiting relatives.

The website is also up and running at www.cusgarnemanor.co.uk where you can see many more photos and guests can book directly too. The next part of the project is five 1- and 2-bed holiday lets which will be built this winter and added to the website in due course.

Fiona



JERK CHICKEN TRAYBAKE (serves 4)

I am a huge fan of all-in-one traybakes as everything can be prepared in advance and all that's needed after that is to pop it in the oven. You don't have to specially buy the jerk seasoning as it is very easy to make your own, that way you can adjust the spiciness; I often find that commercial jerk seasoning is way too hot.

Start this dish the day before

8 skinned chicken thighs or legs

3 tsp jerk seasoning

8 whole garlic cloves, peeled

1 small sweet potato, unpeeled

1 red pepper

1 vellow or orange pepper

2 red onions

2 large courgettes

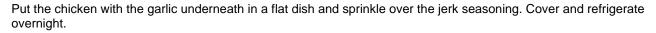
1 tsp jerk seasoning

250ml/½pt chicken or ham stock

Olive oil

Fresh coriander for garnish

Preheat oven to 200°C/400°F/Gas 6
Large roasting tin or shallow ovenproof casserole dish



Slice the courgettes into 1cm/½" rounds. Cut the peppers up into 1-2cm/½"-1" pieces. Cut each of the onions vertically into 6 segments. Put all the vegetables into a large bowl with a large dash of olive oil and 1 tsp jerk seasoning then, using your hands, turn them so that they are coated in the oil and seasoning. Put them into the roasting tin, spreading them out evenly.

Slash the top of each piece of chicken 2-3 times. Put the chicken into the same bowl and turn it over to also cover lightly with the olive oil. Place the chicken on top of the vegetables with a clove of garlic under each one.

Pour the stock in carefully to one corner of the tin so you don't wash the seasoning off the contents. At this point you can refrigerate the tin until you are ready to cook it otherwise place in the preheated oven and roast for 40-50 minutes until the chicken is cooked and the vegetables are tender and lightly browned. Sprinkle over the fresh coriander.

I like to serve this with brown rice cooked in chicken or ham stock and Greek yoghurt on the side.

Jerk Seasoning

If you don't have all of the ingredients listed below don't worry; the starred ones are the most important. Just mix all together and store what you don't use in a sealed jar as it will keep for up to a year depending on freshness of spices.

2 tsp cayenne pepper* (you can add more or less depending on how hot or mild you prefer your food)

2 tbsp ground cinnamon*

1 tsp paprika

1 tsp ground nutmeg*

1 tbsp garlic powder

1 tbsp dried thyme*

1 tbsp onion powder

1 tbsp ground black pepper*

1 tbsp dried parsley

2 tsp ground allspice*

1/2 tsp ground cumin

2 tsp salt

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Cusgarne and Frogpool Women's Institute

Hooray, our WI group is meeting again. After a long absence it is so nice to get back together and plan for the future.

We held weekly social get-togethers during the lockdown via zoom which we all quickly became almost expert at, helping each other with technical issues and laughingly getting used to being cut off after forty minutes because we had so much to chat about. These weren't full meetings with speakers as we did not want to discriminate against those who couldn't join in but it kept us in touch and up do date. Our first face to face meeting was in July and a game of beetle and a cup of tea helped to bring us all back together. A minutes silence was held for three former members – Ann Sewell, Sylvia Wainwright and Edna Walker who had passed away during the past year and lemon drizzle cake was eaten out of respect for Edna.

Our President Sue's "At Home" was held in August and the table was full of delicious food for our supper and we were entertained by Trevor Smitheram who told us all about his time with the Royal Air Force and The Queen's Flight. Trevor accompanied many of the Royal Family on their flights overseas and appointments in this country and brought along various souvenirs with him including a personal letter from Prince Charles. Trevor has already been booked for the same time next year to tell us stories in the Cornish dialect.

We were pleased to raise £127.40 for our funds at our harvest auction in September. A huge array and variety of goods were auctioned off by President Sue who stepped up as a very keen and persuasive auctioneer. Thank you to everyone who contributed by donating and buying. We hope you all managed to obtain what you fancied and if not there's always next year! We were pleased to welcome five potential new members who all entered into the spirit of the auction with us and it was lovely to meet you all.

September 25th at 7pm in our new venue of the Parish Rooms will hear the call "eyes down for a full house" as we hold a bingo night with refreshments. £5 will buy you a bingo card and a light supper. Please come and join us if you can. All proceeds from this event will be split between our two chosen charities this year which are Blood Bikes and Cornwall Hospice.

Our Cornwall Federation of WI's has many events planned over the next few months including the Annual Council Meeting in October where we are looking forward to seeing the changes that have been made at the Hall for Cornwall. There are various lunches, teas and workshops including making a Christmas Wreath for your door and also a quiz in February.

Programme for the rest of 2021

October 5th - Roy Coglan demonstrating and encouraging us in an origami session.

November 2nd – Jane Mills will demonstrate how to make a delicious Christmas tea.

December 7th – Christmas party

If you would like to join us we meet on the first Tuesday of the month at 7pm at the Parish Rooms, Richard Jory Playing Field, Pulla Cross (TR4 8SA) and would be delighted to see you. Please contact

WI Obituaries

Sylvia Wainwright

Sylvia was very much appreciated for all the help she gave to the WI during the time that she enjoyed with them. For over fourteen years in the 1980's and 90's she was part of the committee and held many vital, responsible positions such as vice president, assistant treasurer, poster and press secretary and with her love of flowers was posy officer. The WI cannot function without women who work tirelessly for the good of the group and enjoyment of the members as Sylvia did and she will be missed by all who knew her.

Edna Walker

Edna moved down from London and joined our WI group in March 2003. She was a much valued minute secretary from 2008 to 2013 and rarely missed a meeting until she left the group due to illness in 2015. Edna was very generous and continued to help support the group financially as numbers were low. She was also famous throughout the village for her lemon drizzle cakes that she kindly made and donated to all our fundraising activities. She will be sadly missed by our members.

Ann Sewell

Ann held many posts during her time with the WI including raffle clerk, press correspondent, register clerk, newsletter distributor, speaker's hostess, secretary from 1989 -1990 and was President from 2000 to 2003. It is clear that Ann very much enjoyed her involvement with the group and took a very active part till she left in 2018 to nurse her husband. She had talked about wishing to return to WI until her own health began to trouble her. She will be sadly missed by all who knew her.



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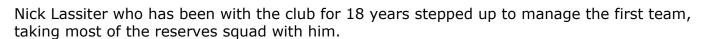
info@ljtregunnafuneraldirectors.co.uk www.ljtregunnafuneraldirectors.co.uk 49 Kenwyn Street, Truro, Cornwall TR1 3DB

Golden Charter

Frogpool Cusgarne FC News

Frogpool Cusgarne FC started the 2021/22 season back in August.

With both sides seeing a change in management the club was starting a new chapter.



Scott Behenna has rejoined the club after a number of years managing elsewhere and bringing a totally new side with him to take over the reserves.

The first team are currently sitting 3rd in division one, having played 7 games; winning 4, drawing and losing one.

Throughout October, we welcome Illogan Reserves on Saturday (4th) and Premiership side St Just in the Junior Cup (23rd) to the Richard Jory playing field.

We have away games to Redruth Reserves (9th) and St Day 3rds (30th).

The reserves had a good start to the season, winning their first home game 4-1 against St Ives Mariners but have not been able to build on that, going on to lose to some of the top sides in the league.

Scott and his team are away to Holmans Reserves (4th), home to Goonhavern Reserves (9th) and home to Falmouth DC on the 16th.

As we move through the season we would like to send a big thank you to Brian and Paul, who come and support our home and away games, LTC Scaffolding for their sponsorship and to the Cornish Arms for their hospitality after each home game.

Fixtures and results can be found on the FA Full Time website -

shorturl.at/nvFY3

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Update on Diamond Drilling by Cornish Metals Inc. in the United Downs area

Cornish Metals Inc. owns the South Crofty tin mine in Pool and also holds a portfolio of mineral rights covering over 15,000 hectares throughout Cornwall, including a large part of Gwennap Parish. Cornwall has a rich mining history with over 2,000 documented mines, yet there has been very little modern exploration. The Gwennap Mining District including Poldice, Consolidated Mines and United Mines was once known as 'the richest square mile to be found anywhere on earth' thanks to its highly productive copper and tin mines working in the 18th and 19th centuries. Despite the level of historic extraction, the area still offers great potential to explore for new tin and copper discoveries.

Cornish Metals has been conducting an exploration diamond drilling programme at United Downs since April 2021, initially focused on investigating a tin and copper bearing lode structure that was first identified in March 2020. To date, Cornish Metals has drilled at five locations between the old Consolidated and United Mines with some encouraging results.

In addition to investigating this new discovery, which has been called UD Lode, Cornish Metals has reassessed the near-surface potential of several other mineralised structures close to United Downs and identified several other target areas that warrant further investigation using diamond drilling.

The first of these additional targets is called Trenares Lode and is located 300m south-west of the old Mount Wellington mine site. A second drill rig has recently been added to the programme and is currently working at Trenares, recovering core samples to assess the mineralisation within this structure. It is anticipated that drilling will continue at Trenares until the early New Year.

Following the completion of drilling at Trenares, it is likely that the rig will reposition in order to test another target zone called Mount Wellington Deeps. This target is the deeper extents of the main Mount Wellington lode and is located to the north-west of the old mine site close to Twelveheads.

A GPDO (General Permitted Development Order) for the Mount Wellington Deeps drilling is currently being prepared for submission to Cornwall Council once discussions with all local stakeholders have been held. GPDO submissions have previously been submitted for the initial United Downs programme and the subsequent Trenares programme. Both these submissions are public documents and can be found on Cornwall Council's Planning Portal.

Cornish Metals' drilling programmes consist of taking core samples from depths typically between 200m and 500m from surface using 'diamond drilling' technology. Diamond drilling uses a small rotating drill bit (typically less than 100mm diameter) lined with a matrix of industrial diamonds which essentially acts like an apple corer. The bit drills through the rock leaving the central core intact which is collected and allows geologists to see and test the ground that has been drilled through. The operations are relatively quiet as the drill bit simply rotates and does not hammer into the ground like a lot of drilling that is associated with building and construction projects. The predominant noise from the operations is that of the diesel engine used to power the drill rig itself.

Noise surveys are conducted ahead of any drilling activities and noise attenuation measures, such as walls of straw bales surrounding the drill rig, are installed if necessary. The sites have a small footprint of around 15m x 15m and are fully remediated after the programme is completed. Some photos of the United Downs drilling taken during 2021 are shown below.





Cornish Metals' United Downs Drill Programme – Site 5 -September 2021



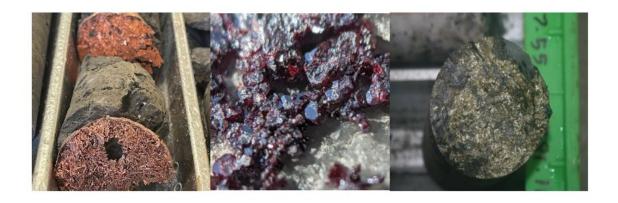
CornishMetals



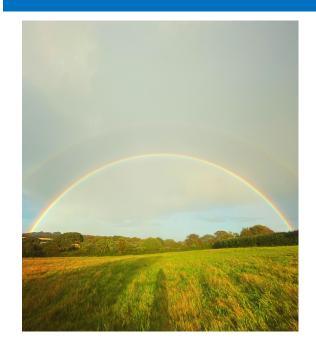
These are exciting times for mineral exploration in Cornwall. The proposed transition to a low-carbon economy will require significant additional volumes of many metals, in particular tin and copper. Since the 1990's, when tin was last mined in Cornwall, the metal has undergone something of a revolution. Today, the majority of tin produced is used as solder, an essential component of all electronic devices and semi-conductors. Tin is also extensively used in the touch screen displays of mobile phones and tablets, solar panels and other electronic items that we all use every day. Further potential uses for tin are being developed; all next-generation lithium-ion batteries will likely contain tin as well as lithium and other metals, as its addition has been demonstrated to improve the efficiency, stability and re-chargeability of the batteries.

Tin is now a true technology metal and much in demand as the world starts to get serious about climate change. As such, the price of tin has risen to record highs this year. Cornish Metals believes that Cornwall is the best place to explore and produce tin to meet some of this increased demand because the tin deposits in Cornwall are high-grade and can be mined responsibly using underground mining methods. This means the operations will have a small surface footprint and a low environmental impact compared with other tin mining areas such as Indonesia and Myanmar. In these countries tin mining is associated with poor environmental standards, child labour and social deprivation. Additionally, the re-emergence of tin mining in Cornwall will provide well-paid, full-time jobs in areas that do not benefit much from tourism and bring great economic benefits to the wider economy in Cornwall.

Cornish Metals greatly values the input and appreciates the support of local residents and businesses. If you have any questions, please get in touch with our team via email to info@cornishmetals.com or by phone on 01209 715777. We will be holding information open days at Crofthandy Village Hall and Twelveheads Sunday School in early November, which all are welcome to attend. Once the dates are confirmed they will be advertised, so please look out for them if you are interested in finding out more information.



Thanks to all who sent photos













The Cornish Arms Frogpool



The Cornish Arms Frogpool would like to thank all our customers old and new for their continued support during the last 18 difficult months.

As some of you may know mid-December last year Jane and Tim welcomed their nephew Ross and his wife Emma to take over as managers so they can enjoy semi-retirement! Ross and Emma have been overwhelmed by how welcome they have been made to feel in the lovely village of Frogpool. They are looking forward to the challenge and have some exciting ideas for the new year whilst keeping to the traditions of the local village pub!

Slowly things are starting to return to normality and we are pleased to be back hosting our monthly quiz nights which are held on the last Thursday of the month. These are proving to be very popular and prebooking in advance is essential. We are also starting up the monthly Folk Music Evenings which are the first Sunday of the month beginning this November at 8.30pm.

Should anyone in the parish wish to suggest any other fun events we are open to suggestions!

We are staring now to look towards the festive season.

We will be having Carols in the pub on Monday 6th December from 7pm.

Our Christmas draw will be held on Sunday 12th December at 8.00pm, it will be 50p per ticket(square) and they will be available to purchase from Tuesday 5th October. We are hoping to have some exciting prizes on offer this year! Please keep an eye on our Facebook page for more on this.

Our Christmas Party menu will be available from 23rd November, there is a minimum of 4 people for this menu and we will need menu choices pre-ordered in advance. Pop into the pub to pick up the menu and book your table for a works do or family gathering!

Our Christmas Party menu is now on our Facebook page.

We will be offering a three-course menu for new year's eve this year which we hope to have available by the end of October.

You can see all updates for these upcoming and new events by following us on:

Facebook: The Cornish Arms Frogpool Website: www.cornisharmsfrogpool.com

We also have revised opening hours

Monday Closed (except bank holidays)

Tuesday **Bar** 12.00pm – 3.00pm & 5.00pm - 11.00pm

Thursday **Food** 12.00pm - 2.00pm & 5.00pm - 9.00pm

Friday - 12.00pm - 11.00pm **Food** 12.00pm - 2.30pm & 6.30pm-9.00

Food 12.00pm – 2.30pm & 6.30pm-9.00pm (fish and chips takeaways available from 5.00pm – 6.30pm)

Saturday **Bar** 12.00pm - 11.00pm

Food = 12.00pm-2.30pm 5.00pm-9.00pm

Sunday **Bar** 12.00pm - 11.00pm

Food = 12.00pm - 2.00pm (Roasts only) 5.00pm - 8.30pm (normal menu)

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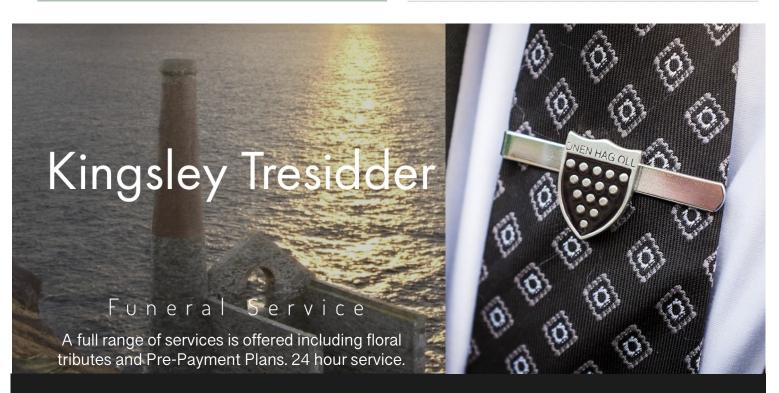
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